

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 1 200m rugslag 20 - 89 jaar
6-4-2019 - 14:30 Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 45+, Heren								
1. Jeroen Hoeksel	ZVVS	3:16.20	197401533	3:27.22	47.68	1:39.88		3:27.22
Masters 25+, Dames								
1. Lotte Coenen	The Hague Swimming	(2:42.77	199301518	2:35.88	35.80	1:14.97		2:35.88
Masters 30+, Dames								
1. Liesbeth van Mill	Zwemlust-den Hommel	2:49.72	198702786	2:50.74	39.75	1:22.27		2:50.74
Masters 35+, Dames								
1. Anke Lambooj	De Vliet (SG)	2:45.58	198001182	2:45.92	39.23	1:21.20		2:45.92
2. Femke Smits	Rotterdam Swimming (SG)	NT	198403574	3:40.00	50.76	1:48.82		3:40.00
Masters 40+, Dames								
1. Liselotte Joling	PSV	2:42.56	197500268	2:44.44	39.36	1:21.34		2:44.44
Masters 45+, Dames								
1. H. Driesen-Joanknecht	Aqua-Novio'94	4:03.95	197101056	3:57.36	56.67	1:55.43		3:57.36
Masters 50+, Dames								
AFGEM Sylvia Buisman	WVZ	3:20.00	196600756					
Masters 60+, Dames								
1. Patty Verhagen	PSV	3:07.31	195900146	3:08.27	45.88	1:33.76		3:08.27

Programmanr. 2 50m vlinderslag 20 - 89 jaar
6-4-2019 - 14:40 Resultaten

rang naam	vereniging	intijd	tijd	RT
Masters 25+, Heren				
1. Igor Peters	ZVS	29.30	199201809	28.02
2. Jermaine Braumuller	SwimGym	38.00	199007691	38.38
Masters 40+, Heren				
1. Bas Spoelstra	AZ&PC De Futen	29.76	197701573	34.02
2. Bart Sieczynski	Masters Krasnik	36.25		34.19
Masters 50+, Heren				
1. Taco Eikelenboom	AZ&PC De Futen	35.31	196900275	35.20
Masters 65+, Heren				
1. Brend Brevé	PSV	32.18	195200265	32.88
Masters 75+, Heren				
1. Rob Hanou	PSV	46.00	194300109	46.02

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 2, 50m vlinderslag

Masters 20+, Dames

1. Shamira Wijntuin	SwimGym	37.67	199806620	37.00
2. Mariska Scholts	Rotterdam Swimming (SG)	56.18	199606804	55.09

Masters 25+, Dames

1. Lianne Tap	Poseidon'56	35.00	199103036	33.64
2. Rolijn van Vught	PSV	44.73	199004110	40.11
3. Ramona van den Vrijhoef	Rotterdam Swimming (SG)	50.00	199405702	43.86
4. Cathy Schrijner	ZVL-1886	42.20	199108044	43.98

Masters 30+, Dames

1. Christa Stam	Rotterdam Swimming (SG)	31.92	198806790	32.36
2. Chantal Veneman	Rotterdam Swimming (SG)	36.42	198704232	34.74
3. D. van der Smissen-Roodnat	ZVVS	34.55	198803702	36.73

Masters 35+, Dames

1. Esther Versteeg	ZZ&PC De Devel	33.76	198302112	32.88
2. Linda Hoogendam	WVZ	36.31	198300892	38.69

Masters 40+, Dames

1. Chantal Verhoeff	Old Dutch	32.27	197900912	33.57
2. Marjon Boidin	Old Dutch	40.00	197601000	39.08
3. Leontine Loeber	SwimGym	38.00	197701010	42.51

Masters 45+, Dames

1. Pauline Tromp-Lang de AFGEM	ZZ&PC De Devel	48.45	197001032	45.89
Katrina Boutwell	AZC	55.00	197201036	

Masters 60+, Dames

1. Anje Manuputty	PSV	1:02.50	195700176	1:02.51
-------------------	-----	---------	-----------	----------------

Programmanr. 3
6-4-2019 - 14:45

200m vrije slag

20 - 89 jaar
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 25+, Heren								
1. Kais Baccour	SwimGym	2:25.84	199107775	2:23.67	33.45	1:08.07		2:23.67
Masters 35+, Heren								
1. Bas Elenbaas	Zwemlust-den Hommel	2:16.41	198300635	2:15.64	30.65	1:05.12		2:15.64
Masters 45+, Heren								
NG Chang Bom	The Hague Swimming	(2:38.55	197201483					
Masters 55+, Heren								
1. Adriaan Kop	Old Dutch	2:41.48	196101135	2:38.74	34.89			2:38.74
2. Bob Lookermans	Poseidon'56	4:00.00	196201295	3:55.32	41.45	1:33.36		3:55.32
Masters 60+, Heren								
1. Wim de Lange	AZC	2:35.08	195800533	2:34.32		1:14.38		2:34.32
2. Wim Witjes	Aqua-Novio'94	2:35.17	195800483	2:41.62	37.15	1:17.76		2:41.62

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 3, 200m vrije slag

Masters 75+, Heren

1. Geza Kaltenecker	AZC	3:15.57	194200065	3:12.51	41.06	1:30.12	3:12.51
---------------------	-----	---------	-----------	----------------	-------	---------	---------

Masters 80+, Heren

NG.ZA Nic Geers	Z&PC De Gouwe	3:38.32	193800007				
-----------------	---------------	---------	-----------	--	--	--	--

Masters 25+, Dames

1. Myrthe Lampe	ZZ&PC De Devel	2:32.00	199002236	2:40.71	35.86	1:16.44	2:40.71
2. Loes Schellekens	Old Dutch	2:47.00	199004728	2:53.47	39.96	1:23.74	2:53.47

Masters 30+, Dames

1. Suzan Blankestijn	ZVL-1886	2:31.05	198900350	2:32.19	35.05	1:14.38	2:32.19
2. Rosalinde Tramper	ZVS	2:47.57	198605288	2:47.43	37.57	1:20.58	2:47.43

Masters 35+, Dames

1. Barbara Ropa	Warsaw Masters Team	2:58.00		2:55.91	40.22	1:25.72	2:55.91
-----------------	---------------------	---------	--	----------------	-------	---------	---------

Masters 40+, Dames

1. Liselotte Joling	PSV	2:19.42	197500268	2:23.33	34.62	1:11.78	2:23.33
2. Marleen Zantingh	Old Dutch	2:47.00	197801378	2:47.73	37.67	1:20.88	2:47.73

Masters 45+, Dames

1. Katharina Schlipp	De Vliet (SG)	2:40.00	197301004	2:43.54	37.00	1:18.10	2:43.54
----------------------	---------------	---------	-----------	----------------	-------	---------	---------

Masters 55+, Dames

1. Marlien Wijnhof	ZPC AMERSFOORT	2:51.52	196100300	2:53.60	41.07	1:26.02	2:53.60
--------------------	----------------	---------	-----------	----------------	-------	---------	---------

Masters 60+, Dames

1. Patty Verhagen	PSV	2:42.60	195900146	2:44.93	39.85	1:21.55	2:44.93
-------------------	-----	---------	-----------	----------------	-------	---------	---------

Programmanr. 4
6-4-2019 - 15:00

50m rugslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 25+, Heren						
1.	Eldin Krijgh	ZZ&PC De Devel	34.00	199302807	34.36	
Masters 35+, Heren						
1.	Rob van Wanrooy	Gay Swim Amsterdam	33.40	198202627	33.78	
Masters 45+, Heren						
1.	Jeroen Hoeksel	ZVVS	40.84	197401533	45.48	
Masters 50+, Heren						
DIS	Andre Exter	Poseidon'56	NT	196601585		
<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>						
Masters 55+, Heren						
1.	Adriaan Kop	Old Dutch	39.34	196101135	38.21	

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 4, 50m rugslag

Masters 60+, Heren

1. Evertjan Masurel PSV 36.64 195600495 **37.89**

Masters 70+, Heren

1. Peter Ouweneel Rotterdam Swimming (SG) 57.37 194500077 **59.05**

Masters 20+, Dames

1. Shamira Wijntuin SwimGym 40.26 199806620 **37.65**

Masters 25+, Dames

1. Kara van Vught PSV 45.84 199202680 **42.93**

Masters 35+, Dames

1. Esther Versteeg ZZ&PC De Devel 38.00 198302112 **36.62**
 2. Femke Smits Rotterdam Swimming (SG) 46.31 198403574 **46.20**
 3. Marike Kamphuis HHZV Plons NT 198102200 **54.26**

Masters 40+, Dames

1. Leontine Loeber SwimGym 41.86 197701010 **43.25**
 DIS Joria Damhuis SwimGym 40.00 197601154

RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.

Masters 45+, Dames

AFGEM Katrina Boutwell AZC 46.64 197201036

Masters 65+, Dames

1. Patty Krupiarz PSV 41.26 195400074 **42.13**

Programmanr. 5
6-4-2019 - 15:05

400m vrije slag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
------	------	------------	--------	------	----

Masters 25+, Heren

1.	Kais Baccour	SwimGym	5:12.54	199107775	5:07.20
	50m: 33.76	33.76	150m:	250m:	350m:
	100m: 1:10.02	36.26	200m: 2:26.64	300m:	400m: 5:07.20

Masters 40+, Heren

1.	Bart Sieczynski	Masters Krasnik	5:10.00	199107775	5:08.35
	50m: 34.51	34.51	150m:	250m:	350m:
	100m: 1:11.01	36.50	200m: 2:28.00	300m:	400m: 5:08.35

Masters 45+, Heren

1.	Martijn de Jong	DWK	6:00.00	197101659	5:53.22
	50m: 37.81	37.81	150m:	250m:	350m:
	100m: 1:20.31	42.50	200m: 2:51.06	300m:	400m: 5:53.22

Masters 60+, Heren

1.	Wim Witjes	Aqua-Novio'94	5:47.38	195800483	5:45.21
	50m: 39.27	39.27	150m:	250m:	350m:
	100m: 1:22.49	43.22	200m: 2:50.99	300m:	400m: 5:45.21

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 5, 400m vrije slag

Masters 75+, Heren

1.	Geza Kaltenecker	AZC		7:01.37	194200065		7:04.13
	50m: 46.54	46.54	150m:		250m:	350m:	
	100m: 1:39.63	53.09	200m: 3:28.81		300m:	400m: 7:04.13	

Masters 80+, Heren

NG.ZA	Nic Geers	Z&PC De Gouwe		7:47.67	193800007		
-------	-----------	---------------	--	---------	-----------	--	--

Masters 30+, Dames

1.	Linda van Klei-Janssen	ZPB H&L Productions		5:24.00	198802088		5:21.53
	50m: 36.81	36.81	150m:		250m:	350m:	
	100m: 1:16.30	39.49	200m: 2:39.23		300m:	400m: 5:21.53	

Masters 35+, Dames

1.	Linda Hoogendam	WVZ		5:15.54	198300892		5:36.06
	50m: 36.70	36.70	150m:		250m:	350m:	
	100m: 1:18.12	41.42	200m: 2:43.71		300m:	400m: 5:36.06	
2.	Annemarie de Zeeuw	ZVS		6:39.68	198201950		6:19.30
	50m: 43.43	43.43	150m:		250m:	350m:	
	100m: 1:30.73	47.30	200m: 3:07.78		300m:	400m: 6:19.30	

Masters 40+, Dames

1.	Petra Guijt	Aqua-Novio'94		5:23.00	197600978		5:25.11
	50m: 36.51	36.51	150m:		250m:	350m:	
	100m: 1:16.82	40.31	200m: 2:39.33		300m:	400m: 5:25.11	
2.	Clementine van Bruxvoort	ZPB H&L Productions		6:51.03	197700138		6:36.57
	50m: 42.50	42.50	150m:		250m:	350m:	
	100m: 1:32.02	49.52	200m: 3:14.01		300m:	400m: 6:36.57	

Masters 45+, Dames

1.	Karin Stein	ZVVS		4:59.51	197100554		5:00.66
	50m: 34.66	34.66	150m:		250m:	350m:	
	100m: 1:11.53	36.87	200m: 2:26.98		300m:	400m: 5:00.66	
2.	H. Driesen-Joanknecht	Aqua-Novio'94		6:38.97	197101056		7:03.53
	50m: 45.39	45.39	150m:		250m:	350m:	
	100m: 1:35.67	50.28	200m: 3:23.08		300m:	400m: 7:03.53	

Masters 50+, Dames

1.	Kristien Van de Moortel	Shark		6:22.12	ShaRK/20315/69		6:19.02
	50m: 41.48	41.48	150m:		250m:	350m:	
	100m: 1:28.64	47.16	200m: 3:05.60		300m:	400m: 6:19.02	
2.	Cancia Leirissa	Feijenoord Albion Zwemclub	NT	196700748			7:02.11
	50m: 44.17	44.17	150m:		250m:	350m:	
	100m: 1:37.18	53.01	200m: 3:25.29		300m:	400m: 7:02.11	
3.	Maaïke Heidt	ZPB H&L Productions		7:16.30	196901068		7:24.80
	50m: 46.76	46.76	150m:		250m:	350m:	
	100m: 1:41.10	54.34	200m: 3:35.45		300m:	400m: 7:24.80	

AFGEM	Sylvia Buisman	WVZ		6:30.32	196600756		
-------	----------------	-----	--	---------	-----------	--	--

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 6
6-4-2019 - 15:40

200m schoolslag

20 - 89 jaar
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 20+, Heren								
1. Yannick Visser	ZVS	3:17.54 199703501	3:18.98		45.62	1:35.05		3:18.98
Masters 60+, Heren								
1. Wim de Lange	AZC	3:11.90 195800533	3:11.94		42.68	1:31.25		3:11.94
Masters 75+, Heren								
1. Rob Hanou	PSV	3:34.00 194300109	3:36.63		47.53	1:43.44		3:36.63
Masters 25+, Dames								
1. Rolijn van Vught	PSV	3:24.36 199004110	3:23.78		45.30	1:36.56		3:23.78
2. Cathy Schrijner	ZVL-1886	3:37.75 199108044	3:44.69		51.71	1:49.41		3:44.69
Masters 30+, Dames								
1. Liesbeth van Mill	Zwemlust-den Hommel	2:58.83 198702786	3:00.99		40.74	1:26.21		3:00.99
DIS Chantal Veneman	Rotterdam Swimming	(£3:32.48 198704232						
<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>								
Masters 35+, Dames								
1. Barbara Ropa	Warsaw Masters Team	3:33.00	3:34.21		48.40	1:42.83		3:34.21
2. Marike Kamphuis	HHZV Plons	4:08.21 198102200	3:57.85		53.80	1:54.28		3:57.85
Masters 40+, Dames								
1. Liselotte Joling	PSV	3:00.35 197500268	3:03.71		42.39	1:29.53		3:03.71
2. Joria Damhuis	SwimGym	3:00.00 197601154	3:25.97		46.22	1:38.33		3:25.97
Masters 45+, Dames								
1. Karin Stein	ZVVS	2:58.71 197100554	2:59.48		41.57	1:27.35		2:59.48
Masters 60+, Dames								
1. Patty Verhagen	PSV	3:30.00 195900146	3:41.51		51.76	1:47.87		3:41.51
2. Anje Manuputty	PSV	3:53.05 195700176	3:53.51		52.94	1:52.59		3:53.51

Programmanr. 7
6-4-2019 - 15:55

50m vrije slag

20 - 89 jaar
Resultaten

rang naam	vereniging	intijd	tijd	RT
Masters 25+, Heren				
1. Kais Baccour	SwimGym	27.69 199107775	27.45	
2. Eldin Krijgh	ZZ&PC De Devel	28.50 199302807	28.09	
3. Jermaine Braumuller	SwimGym	30.60 199007691	30.39	
Masters 30+, Heren				
1. Ricardo van Dam	AZC	35.00 198503965	32.31	
Masters 35+, Heren				
1. Bas Elenbaas	Zwemlust-den Hommel	28.86 198300635	27.25	

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 7, 50m vrije slag

Masters 45+, Heren

1.	Alberto Randazzo	The Hague Swimming (SG)	35.75	197101733	33.43
2.	Jeroen Hoeksel	ZVVS	33.73	197401533	34.17

Masters 50+, Heren

1.	Andre Exter	Poseidon'56	50.83	196601585	44.23
----	-------------	-------------	-------	-----------	--------------

Masters 55+, Heren

1.	Adriaan Kop	Old Dutch	31.29	196101135	32.05
----	-------------	-----------	-------	-----------	--------------

Masters 60+, Heren

1.	Evertjan Masurel	PSV	30.00	195600495	30.69
----	------------------	-----	-------	-----------	--------------

Masters 65+, Heren

1.	Harry Queré	ZVS	54.68	195000189	58.21
----	-------------	-----	-------	-----------	--------------

Masters 70+, Heren

1.	Peter Ouweneel	Rotterdam Swimming (SG)	47.03	194500077	49.15
----	----------------	-------------------------	-------	-----------	--------------

Masters 75+, Heren

1.	Geza Kaltenecker	AZC	36.51	194200065	36.76
----	------------------	-----	-------	-----------	--------------

Masters 80+, Heren

NG.ZA	Nic Geers	Z&PC De Gouwe	41.73	193800007	
-------	-----------	---------------	-------	-----------	--

Masters 25+, Dames

1.	Lotte Coenen	The Hague Swimming (SG)	28.73	199301518	28.46
2.	Lisanne Tap	Poseidon'56	30.39	199103036	29.93
3.	Myrthe Lampe	ZZ&PC De Devel	32.00	199002236	32.67
4.	Loes Schellekens	Old Dutch	34.45	199004728	36.16
5.	Kara van Vught	PSV	37.85	199202680	37.78

Masters 30+, Dames

1.	Christa Stam	Rotterdam Swimming (SG)	29.92	198806790	29.69
2.	D. van der Smissen-Roodnat	ZVVS	33.56	198803702	33.69
3.	Rosalinde Tramper	ZVS	32.61	198605288	34.24

Masters 40+, Dames

1.	Chantal Verhoeff	Old Dutch	30.25	197900912	30.75 FJ 1
2.	Petra Guijt	Aqua-Novio'94	31.74	197600978	30.75 FJ 2
3.	Anita van Mastrigt-Hollemaans	ZVS	NT	197901568	53.72
AFGEM	Anne-Marijke Muller	ZVS	NT	197701236	

Masters 45+, Dames

1.	Katharina Schlipp	De Vliet (SG)	35.14	197301004	34.10
2.	Annette van der Linden	ZVS	41.00	197101088	43.09

Masters 50+, Dames

1.	Kristien Van de Moortel	Shark	35.97	ShaRK/20315/69	36.19
2.	Cancia Leirissa	Feijenoord Albion Zwemclub	NT	196700748	41.77

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 7, 50m vrije slag

Masters 65+, Dames

1.	Patty Krupiarz	PSV	35.52	195400074	37.03
----	----------------	-----	-------	-----------	--------------

Programmanr. 8
6-4-2019 - 16:00

200m wisselslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
------	------	------------	--------	------	----	-----	------	------	------

Masters 25+, Heren

1.	Igor Peters	ZVS	2:39.93	199201809		31.21			2:37.92
----	-------------	-----	---------	-----------	--	-------	--	--	---------

Masters 40+, Heren

1.	Bart Sieczynski	Masters Krasnik	2:58.00			39.51			2:57.15
----	-----------------	-----------------	---------	--	--	-------	--	--	---------

Masters 45+, Heren

1.	Martijn de Jong	DWK	3:06.04	197101659		39.05			3:07.16
----	-----------------	-----	---------	-----------	--	-------	--	--	---------

Masters 65+, Heren

1.	Brend Brevé	PSV	2:55.00	195200265		35.36			2:52.96
----	-------------	-----	---------	-----------	--	-------	--	--	---------

Masters 20+, Dames

1.	Mariska Scholts	Rotterdam Swimming	(€4:01.07	199606804		57.20			4:01.85
----	-----------------	--------------------	-----------	-----------	--	-------	--	--	---------

Masters 25+, Dames

1.	R. van den Vrijhoef	Rotterdam Swimming	(€4:00.00	199405702		47.16			3:29.71
----	---------------------	--------------------	-----------	-----------	--	-------	--	--	---------

Masters 35+, Dames

1.	Anke Lambooj	De Vliet (SG)	2:40.28	198001182		35.44			2:43.75
2.	Esther Versteeg	ZZ&PC De Devel	2:55.00	198302112		35.56			2:49.88

Masters 40+, Dames

1.	Leontine Loeber	SwimGym	3:16.73	197701010		44.89			3:15.01
2.	Marjon Boidin	Old Dutch	3:20.00	197601000		40.28			3:15.41

Masters 45+, Dames

1.	Pauline Tromp-Lang de	ZZ&PC De Devel	3:31.35	197001032		48.94			3:33.63
2.	H. Driesen-Joanknecht	Aqua-Novio'94	3:48.85	197101056		49.25			3:41.25
AFGEM	Katrina Boutwell	AZC	3:50.00	197201036					

Masters 55+, Dames

1.	Marlien Wijnhof	ZPC AMERSFOORT	3:28.29	196100300		52.81			3:32.55
----	-----------------	----------------	---------	-----------	--	-------	--	--	---------

Programmanr. 9
6-4-2019 - 16:15

50m schoolslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
------	------	------------	--------	------	----

Masters 20+, Heren

1.	Yannick Visser	ZVS	40.17	199703501	41.85
----	----------------	-----	-------	-----------	--------------

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 9, 50m schoolslag

Masters 25+, Heren

1. Eldin Krijgh	ZZ&PC De Devel	36.00	199302807	35.62
-----------------	----------------	-------	-----------	--------------

Masters 35+, Heren

1. Bas Elenbaas	Zwemlust-den Hommel	34.83	198300635	34.70
-----------------	---------------------	-------	-----------	--------------

Masters 40+, Heren

1. Bas Spoelstra	AZ&PC De Futen	35.24	197701573	40.23
------------------	----------------	-------	-----------	--------------

Masters 45+, Heren

1. Alberto Randazzo	The Hague Swimming (SG)	47.08	197101733	41.51
NG Chang Bom	The Hague Swimming (SG)	35.73	197201483	

Masters 50+, Heren

1. Taco Eikelenboom	AZ&PC De Futen	40.32	196900275	50.19
DIS Andre Exter	Poseidon'56	52.60	196601585	

SM - Bij het keer- en/of eindpunt niet aangetikt met de handen (wel afgezet).

Masters 60+, Heren

1. Wim de Lange	AZC	39.21	195800533	39.73
-----------------	-----	-------	-----------	--------------

Masters 65+, Heren

1. Harry Queré	ZVS	1:04.80	195000189	1:05.66
----------------	-----	---------	-----------	----------------

Masters 70+, Heren

1. Peter Ouweneel	Rotterdam Swimming (SG)	58.19	194500077	1:01.96
-------------------	-------------------------	-------	-----------	----------------

Masters 25+, Dames

1. Rolijn van Vught	PSV	43.93	199004110	43.39
2. Loes Schellekens	Old Dutch	44.42	199004728	45.68
3. Cathy Schrijner	ZVL-1886	46.69	199108044	47.88
4. Kara van Vught	PSV	48.00	199202680	52.02

Masters 30+, Dames

1. Chantal Veneman	Rotterdam Swimming (SG)	41.28	198704232	39.53
2. Liesbeth van Mill	Zwemlust-den Hommel	39.69	198702786	41.07

Masters 35+, Dames

1. Barbara Ropa	Warsaw Masters Team	41.00		44.75
2. Marike Kamphuis	HHZV Plons	51.95	198102200	53.25
3. Femke Smits	Rotterdam Swimming (SG)	58.18	198403574	56.62

Masters 40+, Dames

1. Chantal Verhoeff	Old Dutch	44.54	197900912	44.53
2. Marleen Zantingh	Old Dutch	44.00	197801378	44.74
3. Anita van Mastrigt-Hollems	ZVS	NT	197901568	56.30
AFGEM Anne-Marijke Muller	ZVS	NT	197701236	

Masters 45+, Dames

1. Katharina Schlipp	De Vliet (SG)	45.00	197301004	41.90
2. Annette van der Linden	ZVS	54.00	197101088	54.23

Regio-West Open Masters deel 5
Zwijndrecht, 6-4-2019

Programmanr. 9, 50m schoolslag

Masters 50+, Dames

1. Maaïke Heidt ZPB H&L Productions 53.43 196901068 **52.30**

Programmanr. 10
6-4-2019 - 16:20

200m vlinderslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
Masters 35+, Heren										
1.	Rob van Wanrooy	Gay Swim Amsterdam	2:54.23	198202627	2:48.43		37.92	1:22.07		2:48.43
Masters 40+, Heren										
1.	Bas Spoelstra	AZ&PC De Futen	3:30.00	197701573	2:54.14		39.19	1:24.00		2:54.14
Masters 50+, Heren										
1.	Taco Eikelenboom	AZ&PC De Futen	3:49.07	196900275	3:31.38		42.79	1:36.13		3:31.38
Masters 75+, Heren										
1.	Rob Hanou	PSV	3:52.00	194300109	3:56.90		51.74	1:53.69		3:56.90
Masters 30+, Dames										
1.	Suzan Blankestijn	ZVL-1886	3:10.00	198900350	3:00.59		37.66	1:22.39		3:00.59
2.	D. van der Smissen-RocZVVS		2:45.00	198803702	3:25.38		39.77	1:29.38		3:25.38
Masters 35+, Dames										
1.	Linda Hoogendam	WVZ	3:07.34	198300892	3:20.38		43.45	1:35.16		3:20.38
Masters 40+, Dames										
1.	Liselotte Joling	PSV	2:39.03	197500268	2:46.19		37.41	1:20.16		2:46.19
Masters 60+, Dames										
1.	Patty Verhagen	PSV	3:33.54	195900146	3:29.79		42.72	1:38.35		3:29.79
	<i>Nederlands Masters Record.</i>									

Programmanr. 11
6-4-2019 - 16:30

4 x 200m vrije slag

1ft 80 - 359
Resultaten

rang	naam	vereniging	intijd		tijd	RT
120+, Dames						
1.	Old Dutch	Old Dutch	10:51.49		11:22.15	
	Marjon Boidin		76	39.31	1:23.40	2:54.99
	Marleen Zantingh		78			2:54.99
	Loes Schellekens		90			
	Chantal Verhoeff		79			
100+, Gemengd						
1.	ZVS	ZVS	11:07.28		11:13.75	
	Annemarie de Zeeuw		82	40.74	1:25.94	3:01.18
	Yannick Visser		97			3:01.18
	Igor Peters		92			
	Rosalinde Tramper		86			